



Emotions

Reading

Read the story and then answer the questions below.

A memorable day at the park

Olivia woke up feeling extremely excited because she had planned a day at the park with her friends. Upon arriving, she observed that everyone appeared very cheerful. They spent the morning playing various games and enjoying a picnic under the shade of the trees.

During the picnic, Olivia noticed that her friend Anna seemed somewhat melancholy. Concerned, she asked her what was bothering her, and Anna confided that she was quite tired as she hadn't slept well the previous night. Olivia suggested they all engage in a lively game to lift her spirits.

As they played, Anna's mood visibly improved, and she began to look genuinely happy. By the end of the day, everyone was exhausted but content. Reflecting on the day's events, Olivia felt deeply grateful for the wonderful time spent with her friends.

- How did Olivia's friends appear when she arrived at the park?

- What did Olivia notice about Anna during the picnic, and what did Anna reveal to her?

- How did Olivia feel when she woke up, and why?

- How did Anna's mood change throughout the day, and what activity contributed to this change?

- Have you ever seen a friend feeling sad or tired? What actions did you take to help them feel better, and how did it affect their mood?
